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इस भाग में भिन्न पृष्ठ संख्या दी जाती है जिससे कि यह अलग संकलन के रूप में रखा जा सके।  
(Separate paging is given to this Part in order that it may be filed as a separate compilation)

भाग III—खण्ड 4

[PART III—SECTION 4]

[सांविधिक निकायों द्वारा जारी की गई विविध अधिसूचनाएं जिसमें कि आदेश, विज्ञापन और सूचनाएं सम्मिलित हैं]  
[Miscellaneous Notifications including Notifications, Orders, Advertisements and Notices issued by  
Statutory Bodies]

भारतीय रिज़र्व बैंक

मुंबई-400001, दिनांक 9 अप्रैल 2008

संदर्भ : बैंपवि. सं. आईबीडी.-14241/23.13.048/2007-08--भारतीय रिज़र्व बैंक अधिनियम, 1934 (1934 का 2) की धारा 42 की उप-धारा (6) के खण्ड (ग) के अनुसरण में भारतीय रिज़र्व बैंक इसके द्वारा निदेश देता है कि उक्त अधिनियम की दूसरी अनुसूची में निम्नलिखित परिवर्तन किये जाएं :--

“अरब बांग्लादेश बैंक लिमिटेड” शब्दों के स्थान पर “एबी बैंक लिमिटेड” शब्द होंगे।

आनन्द सिन्हा  
कार्यपालक निदेशक

**[PUBLISHED IN THE GAZETTE OF INDIA, No.19, PART III, SECTION 4]**

Ministry of Health and Family Welfare  
(Pharmacy Council of India)

New Delhi, 10<sup>th</sup> May, 2008.

### **Pharm.D. Regulations 2008**

Regulations framed under section 10 of the Pharmacy Act, 1948 (8 of 1948).

(As approved by the Government of India, Ministry of Health vide, letter No.V.13013/1/2007-PMS, dated the 13<sup>th</sup> March, 2008 and notified by the Pharmacy Council of India).

No.14-126/2007-PCI.— In exercise of the powers conferred by section 10 of the Pharmacy Act, 1948 (8 of 1948), the Pharmacy Council of India, with the approval of the Central Government, hereby makes the following regulations, namely:-

#### **CHAPTER-I**

1. Short title and commencement. – (1) These regulations may be called the Pharm.D. Regulations 2008.  
(2) They shall come into force from the date of their publication in the official Gazette.
2. Pharm.D. shall consist of a certificate, having passed the course of study and examination as prescribed in these regulations, for the purpose of registration as a pharmacist to practice the profession under the Pharmacy Act, 1948.

## CHAPTER-II

### 3. Duration of the course. –

- a) Pharm.D: The duration of the course shall be six academic years (five years of study and one year of internship or residency) full time with each academic year spread over a period of not less than two hundred working days. The period of six years duration is divided into two phases –

Phase I – consisting of First, Second, Third, Fourth and Fifth academic year.

Phase II – consisting of internship or residency training during sixth year involving posting in speciality units. It is a phase of training wherein a student is exposed to actual pharmacy practice or clinical pharmacy services and acquires skill under supervision so that he or she may become capable of functioning independently.

- b) Pharm.D. (Post Baccalaureate): The duration of the course shall be for three academic years (two years of study and one year internship or residency) full time with each academic year spread over a period of not less than two hundred working days. The period of three years duration is divided into two phases –

Phase I – consisting of First and Second academic year.

Phase II – consisting of Internship or residency training during third year involving posting in speciality units. It is a phase of training wherein a student is exposed to actual pharmacy practice or clinical pharmacy services, and acquires skill under supervision so that he or she may become capable of functioning independently.

### 4. Minimum qualification for admission to. –

- a) Pharm.D. Part-I Course – A pass in any of the following examinations -

(1) 10+2 examination with Physics and Chemistry as compulsory subjects along with one of the following subjects:

Mathematics or Biology.

(2) A pass in D.Pharm course from an institution approved by the Pharmacy Council of India under section 12 of the Pharmacy Act.

(3) Any other qualification approved by the Pharmacy Council of India as equivalent to any of the above examinations.

Provided that a student should complete the age of 17 years on or before 31<sup>st</sup> December of the year of admission to the course.

Provided that there shall be reservation of seats for the students belonging to the Scheduled Castes, Scheduled Tribes and other Backward Classes in accordance with the instructions issued by the Central Government/State Government/Union Territory Administration as the case may be from time to time.

## b) Pharm.D. (Post Baccalaureate) Course -

A pass in B.Pharm from an institution approved by the Pharmacy Council of India under section 12 of the Pharmacy Act:

Provided that there shall be reservation of seats for the students belonging to the Scheduled Castes, Scheduled Tribes and other Backward Classes in accordance with the instructions issued by the Central Government/State Government/Union Territory Administration as the case may be from time to time.

5. Number of admissions in the above said programmes shall be as prescribed by the Pharmacy Council of India from time to time and presently be restricted as below –
  - i) Pharm.D. Programme – 30 students.
  - ii) Pharm.D. (Post Baccalaureate) Programme – 10 students.
6. Institutions running B.Pharm programme approved under section 12 of the Pharmacy Act, will only be permitted to run Pharm.D. programme. Pharm.D. (Post Baccalaureate) programme will be permitted only in those institutions which are permitted to run Pharm.D. programme.
7. Course of study. – The course of study for Pharm.D. shall include the subjects as given in the Tables below. The number of hours in a week, devoted to each subject for its teaching in theory, practical and tutorial shall not be less than that noted against it in columns (3), (4) and (5) below.

## T A B L E S

### First Year :

S.No.	Name of Subject	No. of hours of Theory	No. of hours of Practical	No. of hours of Tutorial
(1)	(2)	(3)	(4)	(5)
1.1	Human Anatomy and Physiology	3	3	1
1.2	Pharmaceutics	2	3	1
1.3	Medicinal Biochemistry	3	3	1
1.4	Pharmaceutical Organic Chemistry	3	3	1
1.5	Pharmaceutical Inorganic Chemistry	2	3	1
1.6	Remedial Mathematics/ Biology	3	3*	1
	<b>Total hours</b>	<b>16</b>	<b>18</b>	<b>6 = (40)</b>

\* For Biology

**Second Year:**

S.No	Name of Subject	No. of hours of Theory	No. of hours of Practical	No. of hours of Tutorial
(1)	(2)	(3)	(4)	(5)
2.1	Pathophysiology	3	-	1
2.2	Pharmaceutical Microbiology	3	3	1
2.3	Pharmacognosy & Phytopharmaceuticals	3	3	1
2.4	Pharmacology-I	3	-	1
2.5	Community Pharmacy	2	-	1
2.6	Pharmacotherapeutics-I	3	3	1
	<b>Total Hours</b>	<b>17</b>	<b>9</b>	<b>6 = 32</b>

**Third Year:**

S.No.	Name of Subject	No. of hours of Theory	No. of hours of Practical	No. of hours of Tutorial
(1)	(2)	(3)	(4)	(5)
3.1	Pharmacology-II	3	3	1
3.2	Pharmaceutical Analysis	3	3	1
3.3	Pharmacotherapeutics-II	3	3	1
3.4	Pharmaceutical Jurisprudence	2	-	-
3.5	Medicinal Chemistry	3	3	1
3.6	Pharmaceutical Formulations	2	3	1
	<b>Total hours</b>	<b>16</b>	<b>15</b>	<b>5 = 36</b>

**Fourth Year:**

S.No.	Name of Subject	No. of hours of Theory	No. of hours of Practical/ Hospital Posting	No. of hours of Tutorial
(1)	(2)	(3)	(4)	(5)
4.1	Pharmacotherapeutics-III	3	3	1
4.2	Hospital Pharmacy	2	3	1
4.3	Clinical Pharmacy	3	3	1
4.4	Biostatistics & Research Methodology	2	-	1
4.5	Biopharmaceutics & Pharmacokinetics	3	3	1
4.6	Clinical Toxicology	2	-	1
	<b>Total hours</b>	<b>15</b>	<b>12</b>	<b>6 = 33</b>

**Fifth Year:**

S.No.	Name of Subject	No. of hours of Theory	No. of hours of Hospital posting*	No. of hours of Seminar
(1)	(2)	(3)	(4)	(5)
5.1	Clinical Research	3	-	1
5.2	Pharmacoepidemiology and Pharmacoeconomics	3	-	1
5.3	Clinical Pharmacokinetics & Pharmacotherapeutic Drug Monitoring	2	-	1
5.4	Clerkship *	-	-	1
5.5	Project work (Six Months)	-	20	-
	<b>Total hours</b>	<b>8</b>	<b>20</b>	<b>4 = 32</b>

\* Attending ward rounds on daily basis.

**Sixth Year:**

Internship or residency training including postings in speciality units. Student should independently provide the clinical pharmacy services to the allotted wards.

- (i) Six months in General Medicine department, and
- (ii) Two months each in three other speciality departments

8. Syllabus. – The syllabus for each subject of study in the said Tables shall be as specified in Appendix -A to these regulations.
9. Approval of the authority conducting the course of study. – (1) No person, institution, society or university shall start and conduct Pharm.D or Pharm.D. (Post Baccalaureate) programme without the prior approval of the Pharmacy Council of India.
  - (2) Any person or pharmacy college for the purpose of obtaining permission under sub-section (1) of section 12 of the Pharmacy Act, shall submit a scheme as prescribed by the Pharmacy Council of India.
  - (3) The scheme referred to in sub-regulation (2) above, shall be in such form and contain such particulars and be preferred in such manner and be accompanied with such fee as may be prescribed:
 

Provided that the Pharmacy Council of India shall not approve any institution under these regulations unless it provides adequate arrangements for teaching in regard to building, accommodation, labs., equipments, teaching staff, non-teaching staff, etc., as specified in Appendix-B to these regulations.
10. Examination. – (1) Every year there shall be an examination to examine the students.
  - (2) Each examination may be held twice every year. The first examination in a year shall be the annual examination and the second examination shall be supplementary examination.
  - (3) The examinations shall be of written and practical (including oral nature) carrying maximum marks for each part of a subject as indicated in Tables below :

**T A B L E S****First Year examination :**

S.No.	Name of Subject	Maximum marks for Theory			Maximum marks for Practicals		
		Examination	Sessional	Total	Examination	Sessional	Total
1.1	Human Anatomy and Physiology	70	30	100	70	30	100
1.2	Pharmaceutics	70	30	100	70	30	100
1.3	Medicinal Biochemistry	70	30	100	70	30	100
1.4	Pharmaceutical Organic Chemistry	70	30	100	70	30	100
1.5	Pharmaceutical Inorganic Chemistry	70	30	100	70	30	100
1.6	Remedial Mathematics/Biology	70	30	100	70*	30*	100*
				600			600 = 1200

\* for Biology.

**Second Year examination :**

S.No.	Name of Subject	Maximum marks for Theory			Maximum marks for Practicals		
		Examination	Sessional	Total	Examination	Sessional	Total
2.1	Pathophysiology	70	30	100	-	-	-
2.2	Pharmaceutical Microbiology	70	30	100	70	30	100
2.3	Pharmacognosy & Phytopharmaceuticals	70	30	100	70	30	100
2.4	Pharmacology-I	70	30	100	-	-	-
2.5	Community Pharmacy	70	30	100	-	-	-
2.6	Pharmacotherapeutics-I	70	30	100	70	30	100
				600			300 = 900

**Third Year examination :**

S.No.	Name of Subject	Maximum marks for Theory			Maximum marks for Practicals		
		Examination	Sessional	Total	Examination	Sessional	Total
3.1	Pharmacology-II	70	30	100	70	30	100
3.2	Pharmaceutical Analysis	70	30	100	70	30	100
3.3	Pharmacotherapeutics-II	70	30	100	70	30	100
3.4	Pharmaceutical Jurisprudence	70	30	100	-	-	-
3.5	Medicinal Chemistry	70	30	100	70	30	100
3.6	Pharmaceutical Formulations	70	30	100	70	30	100
				600			500 = 1100

**Fourth Year examination :**

S.No.	Name of Subject	Maximum marks for Theory			Maximum marks for Practicals		
		Examination	Sessional	Total	Examination	Sessional	Total
4.1	Pharmacotherapeutics-III	70	30	100	70	30	100
4.2	Hospital Pharmacy	70	30	100	70	30	100
4.3	Clinical Pharmacy	70	30	100	70	30	100
4.4	Biostatistics & Research Methodology	70	30	100	-	-	-
4.5	Biopharmaceutics & Pharmacokinetics	70	30	100	70	30	100
4.6	Clinical Toxicology	70	30	100	-	-	-
				600			400 = 1000

**Fifth Year examination :**

S.No.	Name of Subject	Maximum marks for Theory			Maximum marks for Practicals		
		Examination	Sessional	Total	Examination	Sessional	Total
5.1	Clinical Research	70	30	100	-	-	-
5.2	Pharmacoepidemiology and Pharmacoeconomics	70	30	100	-	-	-
5.3	Clinical Pharmacokinetics & Pharmacotherapeutic Drug Monitoring	70	30	100	-	-	-
5.4	Clerkship *	-	-	-	70	30	100
5.5	Project work (Six Months)	-	-	-	100**	-	100
				300			200 = 500

\* Attending ward rounds on daily basis.

\*\* 30 marks – viva-voce (oral)

70 marks – Thesis work

11. Eligibility for appearing Examination.— Only such students who produce certificate from the Head of the Institution in which he or she has undergone the Pharm.D. or as the case may be, the Pharm.D. (Post Baccalaureate) course, in proof of his or her having regularly and satisfactorily undergone the course of study by attending not less than 80% of the classes held both in theory and in practical separately in each subject shall be eligible for appearing at examination.

12. Mode of examinations.— (1) Theory examination shall be of three hours and practical examination shall be of four hours duration.

(2) A Student who fails in theory or practical examination of a subject shall re-appear both in theory and practical of the same subject.

(3) Practical examination shall also consist of a viva –voce (Oral) examination.

(4) Clerkship examination – Oral examination shall be conducted after the completion of clerkship of students. An external and an internal examiner will evaluate the student. Students may be asked to present the allotted medical cases followed by discussion. Students' capabilities in delivering clinical pharmacy services, pharmaceutical care planning and knowledge of therapeutics shall be assessed.

13. Award of sessional marks and maintenance of records.— (1) A regular record of both theory and practical class work and examinations conducted in an institution imparting training for Pharm.D. or as the case may be, Pharm.D. (Post Baccalaureate) course, shall be maintained for each student in the institution and 30 marks for each theory and 30 marks for each practical subject shall be allotted as sessional.

(2) There shall be at least two periodic sessional examinations during each academic year and the highest aggregate of any two performances shall form the basis of calculating sessional marks.

(3) The sessional marks in practicals shall be allotted on the following basis:-

(i) Actual performance in the sessional examination (20 marks);

(ii) Day to day assessment in the practical class work, promptness, viva-voce record maintenance, etc. (10 marks).

14. Minimum marks for passing examination.— A student shall not be declared to have passed examination unless he or she secures at least 50% marks in each of the subjects separately in the theory examinations, including sessional marks and at least 50% marks in each of the practical examinations including sessional marks. The students securing 60% marks or above in aggregate in all subjects in a single attempt at the Pharm.D. or as the case may be, Pharm. D. (Post Baccalaureate) course examination shall be declared to have passed in first class. Students securing 75% marks or above in any subject or subjects shall be declared to have passed with distinction in the subject or those subjects provided he or she passes in all the subjects in a single attempt.
15. Eligibility for promotion to next year.— All students who have appeared for all the subjects and passed the first year annual examination are eligible for promotion to the second year and, so on. However, failure in more than two subjects shall debar him or her from promotion to the next year classes.
16. Internship.— (1) Internship is a phase of training wherein a student is expected to conduct actual practice of pharmacy and health care and acquires skills under the supervision so that he or she may become capable of functioning independently.  
(2) Every student has to undergo one year internship as per Appendix-C to these regulations.
17. Approval of examinations.— Examinations mentioned in regulations 10 to 12 and 14 shall be held by the examining authority hereinafter referred to as the university, which shall be approved by the Pharmacy Council of India under sub-section (2) of section 12 of the Pharmacy Act, 1948. Such approval shall be granted only if the examining authority concerned fulfills the conditions as specified in Appendix-D to these regulations.
18. Certificate of passing examination.— Every student who has passed the examinations for the Pharm.D. (Doctor of Pharmacy) or Pharm.D. (Post Baccalaureate) (Doctor of Pharmacy) as the case may be, shall be granted a certificate by the examining authority.

### CHAPTER-III

#### Practical training

19. Hospital posting.— Every student shall be posted in constituent hospital for a period of not less than fifty hours to be covered in not less than 200 working days in each of second, third & fourth year course. Each student shall submit report duly certified by the preceptor and duly attested by the Head of the Department or Institution as prescribed. In the fifth year, every student shall spend half a day in the morning hours attending ward rounds on daily basis as a part of clerkship. Theory teaching may be scheduled in the afternoon.
  
20. Project work.— (1) To allow the student to develop data collection and reporting skills in the area of community, hospital and clinical pharmacy, a project work shall be carried out under the supervision of a teacher. The project topic must be approved by the Head of the Department or Head of the Institution. The same shall be announced to students within one month of commencement of the fifth year classes. Project work shall be presented in a written report and as a seminar at the end of the year. External and the internal examiners shall do the assessment of the project work.  
(2) Project work shall comprise of objectives of the work, methodology, results, discussions and conclusions.
  
21. Objectives of project work.— The main objectives of the project work is to—
  - (i) show the evidence of having made accurate description of published work of others and of having recorded the findings in an impartial manner; and
  - (ii) develop the students in data collection, analysis and reporting and interpretation skills.
  
22. Methodology.— To complete the project work following methodology shall be adopted, namely:—
  - (i) students shall work in groups of not less than *two* and not more than *four* under an authorised teacher;
  - (ii) project topic shall be approved by the Head of the Department or Head of the Institution;
  - (iii) project work chosen shall be related to the pharmacy practice in community, hospital and clinical setup. It shall be patient and treatment (Medicine) oriented, like drug utilisation reviews, pharmacoepidemiology, pharmacovigilance or pharmacoeconomics;
  - (iv) project work shall be approved by the institutional ethics committee;
  - (v) student shall present at least three seminars, one in the beginning, one at middle and one at the end of the project work; and
  - (vi) two-page write-up of the project indicating title, objectives, methodology anticipated benefits and references shall be submitted to the Head of the Department or Head of the Institution.

23. Reporting .— (1) Student working on the project shall submit jointly to the Head of the Department or Head of the Institution a project report of about 40-50 pages. Project report should include a certificate issued by the authorised teacher, Head of the Department as well as by the Head of the Institution

(2) Project report shall be computer typed in double space using Times Roman font on A4 paper. The title shall be in bold with font size 18, sub-titles in bold with font size 14 and the text with font size 12. The cover page of the project report shall contain details about the name of the student and the name of the authorised teacher with font size 14.

(3) Submission of the project report shall be done at least one month prior to the commencement of annual or supplementary examination.

24. Evaluation.— The following methodology shall be adopted for evaluating the project work—

(i) Project work shall be evaluated by internal and external examiners.

(ii) Students shall be evaluated in groups for four hours (i.e., about half an hour for a group of four students).

(iii) Three seminars presented by students shall be evaluated for twenty marks each and the average of best two shall be forwarded to the university with marks of other subjects.

(iv) Evaluation shall be done on the following items:	<b>Marks</b>
a) Write up of the seminar	(7.5)
b) Presentation of work	(7.5)
c) Communication skills	(7.5)
d) Question and answer skills	(7.5)
<b>Total</b>	(30 marks)
(v) Final evaluation of project work shall be done on the following items:	<b>Marks</b>
a) Write up of the seminar	(17.5)
b) Presentation of work	(17.5)
c) Communication skills	(17.5)
d) Question and answer skills	(17.5)
<b>Total</b>	(70 marks)

*Explanation.*— For the purposes of differentiation in the evaluation in case of topic being the same for the group of students, the same shall be done based on item numbers b, c and d mentioned above.

# APPENDIX-A

(See regulation 8)

## PHARM.D. SYLLABUS

### First Year

#### 1.1 HUMAN ANATOMY & PHYSIOLOGY (THEORY)

**Theory : 3 Hrs. /Week**

- 1. Scope and Objectives:** This course is designed to impart a fundamental knowledge on the structure and functions of the human body. It also helps in understanding both homeostasis mechanisms and homeostatic imbalances of various body systems. Since a medicament, which is produced by pharmacist, is used to correct the deviations in human body, it enhances the understanding of how the drugs act on the various body systems in correcting the disease state of the organs.
- 2. Upon completion of the course the student shall be able to:**
  - a. describe the structure (gross and histology) and functions of various organs of the human body;
  - b. describe the various homeostatic mechanisms and their imbalances of various systems;
  - c. identify the various tissues and organs of the different systems of the human body;
  - d. perform the hematological tests and also record blood pressure, heart rate, pulse and Respiratory volumes;
  - e. appreciate coordinated working pattern of different organs of each system; and
  - f. appreciate the interlinked mechanisms in the maintenance of normal functioning (homeostasis) of human body

#### 3. Course materials:

##### **Text books**

- a. Tortora Gerard J. and Nicholas, P. Principles of anatomy and physiology  
Publisher Harpercollins college New York.
- b. Wilson, K.J.W. Ross and Wilson's foundations of anatomy and physiology.  
Publisher: Churchill Livingstone, Edinburg.

##### **Reference books**

- a. Guyton arthur, C. *Physiology of human body*. Publisher: Holtsaunders.
- b. Chatterjee,C.C. *Human physiology*. Volume 1&11. Publisher: medical allied agency, Calcutta.
- c. Peter L. Williams, Roger Warwick, Mary Dyson and Lawrence, H.
- d. *Gray's anatomy*. Publisher:Churchill Livingstone, London.

#### 4. Lecture wise program :

##### Topics

- 1 Scope of anatomy and physiology, basic terminologies used in this subject  
(Description of the body as such planes and terminologies)
- 2 Structure of cell – its components and their functions.
- 3 Elementary tissues of the human body: epithelial, connective, Muscular and nervous tissues-their sub-types and characteristics
- 4 a) Osseous system - structure, composition and functions of the Skeleton. (done in practical classes - 6hrs)  
b) Classification of joints, Types of movements of joints and disorders of joints  
(Definitions only)
- 5 Haemopoetic System  
a) Composition and functions of blood  
b) Haemopoiesis and disorders of blood components (definition of disorder)  
c) Blood groups  
d) Clotting factors and mechanism  
e) Platelets and disorders of coagulation
- 6 Lymph  
a) Lymph and lymphatic system, composition, formation and circulation.  
b) Spleen: structure and functions, Disorders  
c) Disorders of lymphatic system (definition only)
- 7 Cardiovascular system  
a) Anatomy and functions of heart  
b) Blood vessels and circulation (Pulmonary, coronary and systemic circulation)  
c) Electrocardiogram (ECG)  
d) Cardiac cycle and heart sounds  
e) Blood pressure – its maintenance and regulation  
f) Definition of the following disorders  
Hypertension, Hypotension, Arteriosclerosis, Atherosclerosis, Angina, Myocardial infarction, Congestive heart failure, Cardiac arrhythmias
- 8 Respiratory system  
a) Anatomy of respiratory organs and functions  
b) Mechanism / physiology of respiration and regulation of respiration  
c) Transport of respiratory gases  
d) Respiratory volumes and capacities, and Definition of: Hypoxia, Asphyxia, Dybarism, Oxygen therapy and resuscitation.
- 9 Digestive system  
a) Anatomy and physiology of GIT  
b) Anatomy and functions of accessory glands of GIT  
c) Digestion and absorption  
d) Disorders of GIT (definitions only)

10 Nervous system

- a) Definition and classification of nervous system
- b) Anatomy, physiology and functional areas of cerebrum
- c) Anatomy and physiology of cerebellum
- d) Anatomy and physiology of mid brain
- e) Thalamus, hypothalamus and Basal Ganglia
- f) Spinal cord: Structure & reflexes – mono-poly-planter
- g) Cranial nerves – names and functions
- h) ANS – Anatomy & functions of sympathetic & parasympathetic N.S.

11 Urinary system

- a) Anatomy and physiology of urinary system
- b) Formation of urine
- c) Renin Angiotensin system – Juxtaglomerular apparatus - acid base Balance
- d) Clearance tests and micturition

12 Endocrine system

- a) Pituitary gland
- b) Adrenal gland
- c) Thyroid and Parathyroid glands
- d) Pancreas and gonads

13 Reproductive system

- a) Male and female reproductive system
- b) Their hormones – Physiology of menstruation
- c) Spermatogenesis & Oogenesis
- d) Sex determination (genetic basis)
- e) Pregnancy and maintenance and parturition
- f) Contraceptive devices

14 Sense organs

- a) Eye
- b) Ear
- c) Skin
- d) Tongue & Nose

15 Skeletal muscles

- a) Histology
- b) Physiology of Muscle contraction
- c) Physiological properties of skeletal muscle and their disorders (definitions)

16 Sports physiology

- a) Muscles in exercise, Effect of athletic training on muscles and muscle performance,
- b) Respiration in exercise, CVS in exercise, Body heat in exercise, Body fluids and salts in exercise,
- c) Drugs and athletics

## 1.1 HUMAN ANATOMY & PHYSIOLOGY (PRACTICAL)

**Practical : 3 Hrs./Week**

**General Requirements:** Dissection box, Laboratory Napkin, muslin cloth, record, Observation book(100pages), Stationary items, Blood lancet.

**Course materials:**

**Text books**

Goyal, R. K, Natvar M.P, and Shah S.A, Practical anatomy, physiology and biochemistry, latest edition, Publisher: B.S Shah Prakashan, Ahmedabad.

**Reference books**

Ranade VG, Text book of practical physiology, Latest edition, Publisher: PVG, Pune  
Anderson Experimental Physiology, Latest edition, Publisher: NA

**List of Experiments:**

1. Study of tissues of human body
  - (a) Epithelial tissue.
  - (b) Muscular tissue.
2. Study of tissues of human body
  - (a) Connective tissue.
  - (b) Nervous tissue.
3. Study of appliances used in hematological experiments.
4. Determination of W.B.C. count of blood.
5. Determination of R.B.C. count of blood.
6. Determination of differential count of blood.
7. Determination of
  - (a) Erythrocyte Sedimentation Rate.
  - (b) Hemoglobin content of Blood.
  - (c) Bleeding time & Clotting time.
8. Determination of
  - (a) Blood Pressure.
  - (b) Blood group.
9. Study of various systems with the help of charts, models & specimens
  - (a) Skeleton system part I-axial skeleton.
  - (b) Skeleton system part II- appendicular skeleton.
  - (c) Cardiovascular system.
  - (d) Respiratory system.

- (e) Digestive system.
- (f) Urinary system.
- (g) Nervous system.
- (h) Special senses.
- (i) Reproductive system.

10. Study of different family planning appliances.
11. To perform pregnancy diagnosis test.
12. Study of appliances used in experimental physiology.
13. To record simple muscle curve using gastrocnemius sciatic nerve preparation.
14. To record simple summation curve using gastrocnemius sciatic nerve preparation.
15. To record simple effect of temperature using gastrocnemius sciatic nerve preparation.
16. To record simple effect of load & after load using gastrocnemius sciatic nerve preparation.
17. To record simple fatigue curve using gastrocnemius sciatic nerve preparation.

#### **Scheme of Practical Examination:**

	<b>Sessionals</b>	<b>Annual</b>
Identification	04	10
Synopsis	04	10
Major Experiment	07	20
Minor Experiment	03	15
Viva	02	15
<b>Max Marks</b>	<b>20</b>	<b>70</b>
<b>Duration</b>	<b>03hrs</b>	<b>04hrs</b>

Note : Total sessional marks is 30 (20 for practical sessional plus 10 marks for regularity, promptness, viva-voce and record maintenance).